

CALL TO MEET



FEB 16TH-17TH 2019
CORONA'S WINTER CUP
LEVEL 1-9 INVITATIONAL/QUALIFIER

HOST CLUB	Address: 155 Colonnade Rd, OTTAWA, ON K2E 7K1 Phone: (613) 224-6524 www.coronagym.ca
MEET DIRECTOR	Lee Ann Simon & Tammy Cromwell LeeAnn@coronagym.ca & tammy@coronagym.ca (613) 224-6524
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : (647) 344-5137 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION VENUE	Nepean Corona School of Gymnastics 155 Colonnade Rd Nepean ON K2E 7K1
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual Warm Up Format: OCP Warm- Up format (formerly known as Option 2) Music: The compulsory music (all three versions) will be provided by Corona. The default version will be the piano version (unless otherwise requested). The Optional Music in MP3 Format. All music must be clearly labelled on device. Awards: For Events and All Around (1 st to 3 rd Medals, 4 to 8 th Ribbons). No Bumping of places for ties
LEVELS	Level 1-9, Age 7+ Qualifying Competition for Level 3-9, Ages 9+
REGISTRATION	Registration Deadline: Jan 7th, 2019 Fees: \$90 registration fee \$85.00-Early Bird Fee if registered by Dec 1, 2018

	<p>Method of Payment: cheque</p> <p>Level Changes/ Withdraws: No level changes or refunds after Jan 7th, 2019</p> <p>Refunds: No refunds after Jan 7th with out a Dr. Note</p>
EQUIPMENT	SA Sport – Standard official Speith Anderson Equipment
MEDICAL	<p>First Aid Certified Personnel On-Site.</p> <p><u>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.</u> Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Corona will not be serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</p>
COACH REQUIREMENTS	<p>Every coach requiring access to the competition floor must be in possession of their Coach ID. As such all coaches are strongly advised to make sure their Photo ID is updated and must present it at the coach’s registration desk at every competition they are attending.</p> <p>Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/</p> <p>Provincial Coaches must be fully certified <u>NCCP Level 2 Women’s Artistic or Competition Introduction 1 (with MED)</u> and have up to date <u>Risk Management certification (Part A: Risk Management & Part B: Respect in Sport)</u> to be eligible for the competition floor.</p> <p>National Coaches must have their NCCP Level 3 Theory and Technical (minimum) in addition to their NCCP Level 2 certifications.</p> <p>In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating the coach does have the minimum certification for verification. The host club registration desk will have this form available.</p> <p>If need to request a coaching ID please visit the GO website: http://www.gymnasticsontario.ca/education/coach-ed/coach-id-application/</p> <p>It is the club’s and individual coach’s responsibility to ensure they have the correct certifications and coaching ID for competition. For further NCCP or Coaching ID information, please contact the Education Coordinator, Danielle Hilliard at education@gymnasticsontario.ca.</p>
ACCOMMODATION	<p>Ramada Ottawa on the Rideau 2259 Prince of Wales Dr. Ottawa, On K3E 6Z8 613-288-3500</p> <p>Days Inn – Ottawa Airport 366 Hunt Club Rd, Ottawa K1V 1C1 613-739-7555</p>

Hampton Inn by Hilton

2869 Gibford Drive,
Ottawa, Ontario
613-248-1113

Hilton Garden Inn

2400 Alert Rd,
Ottawa, ON K1V 1S1
(613) 288-9001

The participants must pay for their accommodation costs.

ADMISSIONS

Admission Fees

Day

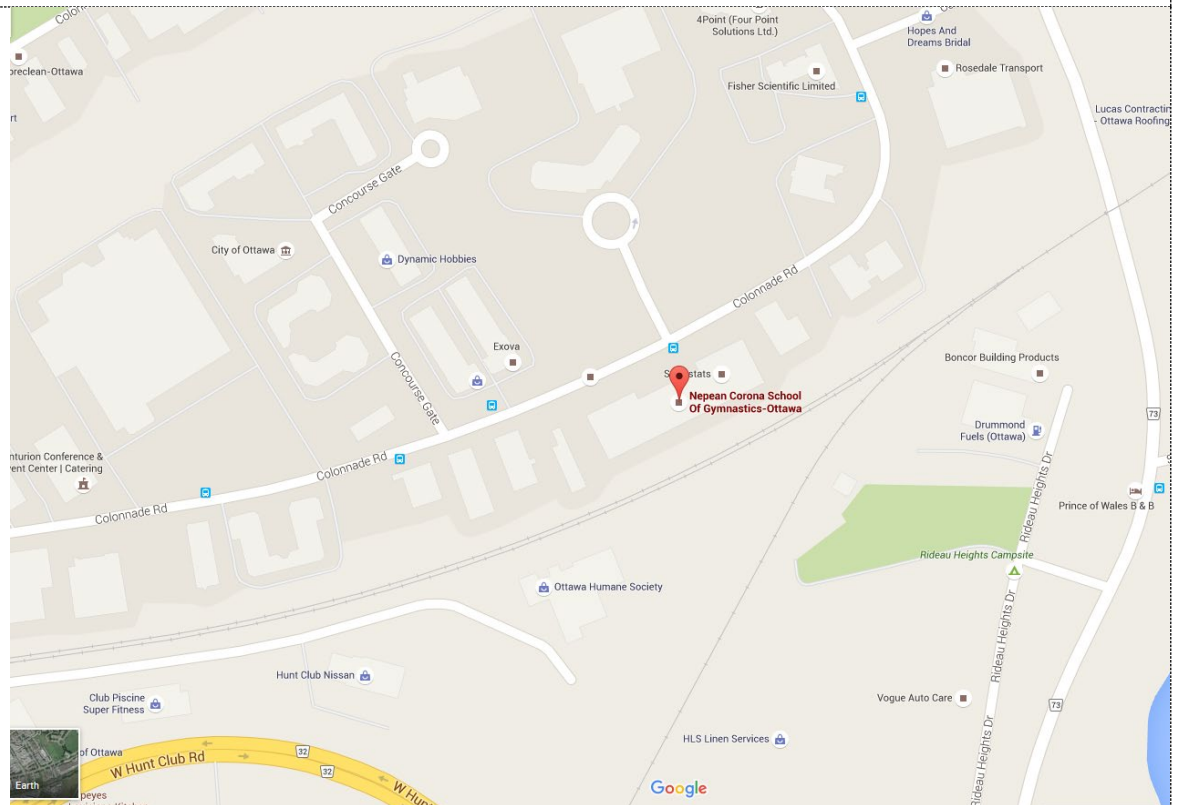
Adult - \$10
Senior/student - \$8
Child - \$3

Weekend

Adult - \$15
Senior/student - \$12
Child - \$3

Family - \$23

ADDITIONAL INFORMATION



Directions: From Toronto-
From 401 east, take exit 721A for the 416N toward Kemptville/Ottawa
Continue on 416N for 54km
Take exit 57 for Bankfield – toward Nepean/Manotick/Richmond
Take Prescott Highway/Prince of Wales Drive 73 N to Colonnade Rd in Nepean