



Nepean-Corona 2018-2019 Schedule

Session Dates

updated 13/07/2018

Fall Session- September 9-December 1, 2018

Winter Session-December 2-March 9, 2019

Spring Session-March 17-June 9, 2019

Registration/administration fee \$35.00
Valid from July 1, 2018 to June 30, 2019

Preschool Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Squirt 18 months-3 years \$214.00/session	10:15-11:15			10:15-11:15 1:15-2:15		10:15-11:15 3:45-4:45	9:00-10:00 10:00-11:00 11:00-12:00
Mighty Squirt/Kinder-3 to 5 yrs \$220.00/session	10:15-11:15	10:15-11:15		10:15-11:15 1:15-2:15			
Mighty Squirt 3 & 4 yrs old \$220.00/session	6:00-7:00	5:00-6:00 6:00-7:00	5:00-6:00 6:00-7:00	6:00-7:00	6:00-7:00	10:15-11:15 11:15-12:15 12:30-1:30 2:15-3:15 3:45-4:45	9:00-10:00 10:00-11:00 11:00-12:00
Kindergym 4 1/2 & 5 yrs old \$220.00 session	5:00-6:00		5:00-6:00 6:00-7:00	5:00-6:00 6:00-7:00	5:00-6:00	10:15-11:15 11:15-12:15 12:30-1:30	9:00-10:00 10:00-11:00 11:00-12:00
Dynamo/Spartan boys & girls 5 & 6 yrs \$329.00/session				1:15-2:45		10:30-12:00	9:00-10:30 10:30-12:00

Drop-Ins	Monday	Tuesday	Wednesday	Thursday
Parent & Tot-free		1:15-2:15		

Note: Class day and time may change depending on registration and coach availability

**prices subject to change*



155 COLONNADE ROAD SOUTH

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Nepean-Corona School of Gymnastics

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Girls Recreational Classes							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Dynamos Girls ages 5 & 6 \$329.00/session	4:30-6:00	5:30-7:00	4:30-6:00	4:00-5:30	4:30-6:00	8:30-10:00	2:00-3:30
	6:00-7:30		6:00-7:30	5:30-7:00	6:00-7:30	12:30-2:00	3:30-5:00
Novice 1 Girls ages 7-9 BURGUNDY/RED \$329.00/session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	4:30-6:00	5:30-7:00	4:30-6:00	5:30-7:00	4:30-6:00	8:30-10:00	2:00-3:30
6:00-7:30		6:00-7:30		6:00-7:30	12:30-2:00	3:30-5:00	
Novice 2 Girls ages 7-9 TAN/BRONZE \$329.00/session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	6:00-7:30	5:30-7:00	4:30-6:00	5:30-7:00	4:30-6:00	8:30-10:00	3:30-5:00
6:00-7:30		6:00-7:30		6:00-7:30	12:30-2:00	2:00-3:30	
Novice Girls-9 & Up BURGUNDY/RED/TAN/BRONZE \$329.00/session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	7:30-9:00	7:00-8:30	7:00-8:30	7:00-8:30	7:30-9:00	12:30-2:00	
6:00-7:30							
Pre-Intermediate Girls Bronze \$422.00/session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				7:00-9:00			
6:00-7:30							
Intermediate Girls PURPLE/BLUE ages 7-10 ages 10-16 ages 7 & Up \$422.00 1Xwk/\$776.00 2Xwk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	6:00-8:00	5:00-7:00	6:00-8:00	4:00-6:00		8:30-10:30	1:30-3:30
	7:00-9:00	7:00-9:00	7:00-9:00	7:00-9:00		8:30-10:30	1:30-3:30
	6:00-7:30				6:00-8:00	3:30-5:30	
Advanced Girls-9 & Up TURQUOISE AND UP \$422.00 1Xwk/\$776.00 2Xwk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	7:00-9:00	7:00-9:00	6:00-8:00	7:00-9:00	6:00-8:00	8:30-10:30	
6:00-7:30			7:00-9:00			1:30-3:30	

Boys Recreational Classes							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Spartans Boys ages 5 & 6 \$329.00/session	6:00-7:30	6:00-7:30	4:30-6:00		6:00-7:30	2:00-3:30	
	6:00-7:30					3:30-5:00	
Novice Boys-7 & Up BURGUNDY/RED/TAN/BRONZE \$329.00/session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	6:00-7:30	6:00-7:30	6:00-7:30			4:30-6:00	12:30-2:00
6:00-7:30							
Intermediate/Advanced Boys PURPLE and up ages 7 & Up \$422.00 1Xwk/\$776.00 2Xwk ages 9 & Up \$422.00 1Xwk/\$776.00 2Xwk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							1:30-3:30
6:00-7:30					7:00-9:00		

Specialty Classes				
Trampoline \$220.00/session	Monday	Tuesday	Wednesday	Thursday
ages 5-7				5:00-6:00
ages 7-9				6:00-7:00
ages 9 & Up-\$329.00/session		7:30-9:00	7:30-9:00	

Acro for Dancers	Monday	Tuesday	Wednesday	Thursday	Friday
\$329.00/session		7:30-9:00			7:30-9:00

Note: Class day and time may change depending on registration and coach availability

*prices subject to change